fast 3521 # nesteia {nace-ti'-ah}; from 3522; abstinence (from lack of food, or voluntary and religious); specifically, the fast of the Day of Atonement: -- {fast}(-ing.).[ql

fast 3522 # nesteuo {nace-tyoo'-o}; from 3523; to abstain from food (religiously): -- {fast}. [ql

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