03306 JER 004 031 For I have heard <08085 +shama< > a voice <06963 +qowl > as of a woman in travail <02470 +chalah > , [ and ] the anguish <06869 +tsarah > as of her that bringeth <01069 +bakar > forth her first <01069 +bakar > child , the voice <06963 +qowl > of the daughter <01323 +bath > of Zion <06726 +Tsiyown > , [ that ] bewaileth <{03306} +yaphach > herself , [ that ] spreadeth <06566 +paras > her hands <03709 +kaph > , [ saying ] , Woe <00188 +>owy > [ is ] me now <04994 +na> >! for my soul <05315 +nephesh > is wearied <05888 +<ayeph > because of murderers <02026 +harag > .

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