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08244 LAM 001 014 The yoke <05923 + of my transgressions <06588 +pesha< > is bound <{08244} +saqad > by his hand <03027 +yad > : they are wreathed <08276 +sarag > , [and] come <05927 +<al ah > up upon my neck <06677 +tsavva>r > : he hath made my strength <03581 +koach > to fall <03782 +kashal > , the Lord <00136 +>Adonay > hath delivered <05414 +nathan > me into [their] hands <03027 +yad > , [from whom] I am not able <03201 +yakol > to rise <06965 +quwm > up .

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