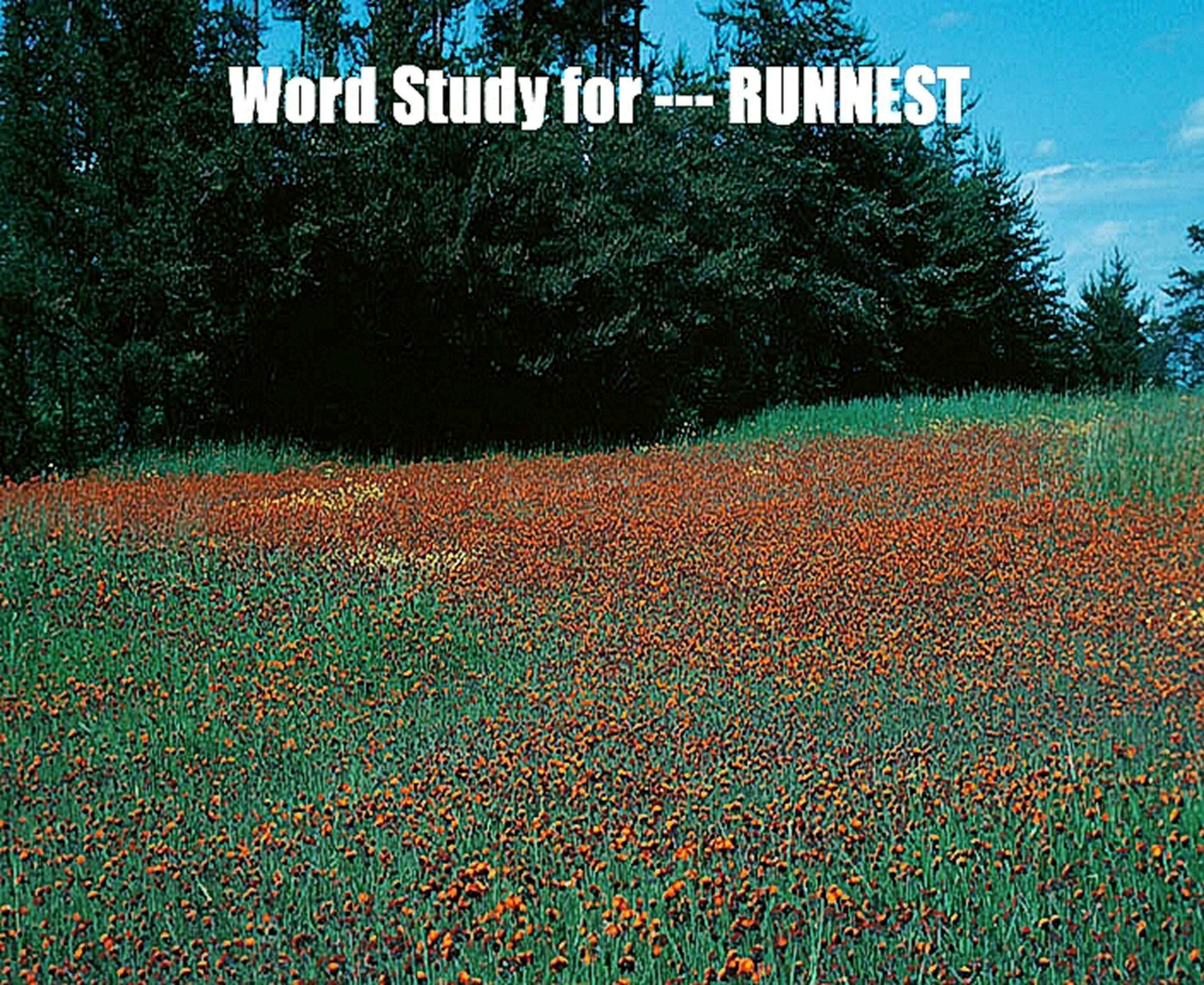


# Word Study for --- RUNNEST





A close-up photograph of a Bird of Paradise flower (Strelitzia reginae) in a terracotta pot. The flower is in full bloom, showing vibrant orange and yellow petals with a prominent blue and purple center. The background is slightly blurred, showing other green foliage and a grey surface. Overlaid on the image is the text of Proverbs 4:12 in a white, serif font.

**Proverbs 04:12** When thou goest,  
thy steps shall not be straitened;  
and when thou runnest, thou shalt  
not stumble.