

A lush garden scene featuring a waterfall cascading over dark rocks into a small pool. The background is filled with dense green trees and foliage. In the foreground, there are vibrant pink flowers and green plants. The text is overlaid in white, bold, serif font.

**1st Timothy 04:16 Take heed unto  
thyself, and unto the doctrine;  
continue in them: for in doing this  
thou shalt both save thyself, and  
them that hear thee.**