

A scenic view of a river flowing over dark, jagged rocks. The water is clear and reflects the sunlight, creating a shimmering effect. The rocks are dark and appear to be part of a natural rock formation. The overall scene is peaceful and natural.

**Colossians 02:23 Which things  
have indeed a show of wisdom in  
will worship, and humility, and  
neglecting of the body; not in any  
honour to the satisfying of the  
flesh.**